

**Southeast Region  
CHNS/CHPS  
November 2014 Report**

**Cassie Lewis**

- Collaborated with West Memphis school nurse (by phone, through email drafts, etc.) to develop a draft Comprehensive Tobacco policy for the West Memphis School District. The school nurse will take the draft policy to the Welles Committee for tweaking to come up with the final policy to be submitted for approval. The school nurse serves on the committee for student handbook changes and faculty policy manuals changes.
- Shared the information on the community-based Tobacco RFA with community partners.
- Updated the BMI data entry list for Katie Leath at ACHI.
- Telephone conversations to clarify questions about new school immunization requirements with school nurse at Palestine Wheatley and Clarendon school districts. Follow up with email again with summary of new immunizations required as of September, 2014.
- Shared Information via email with schools in Great Rivers Education service area on the following: SBHC Webinar on “Where Health and Education Meet”, information on Ebola updates from Paula Smith as well as webcasts and Regional Ebola information public meetings, ASHA Webinar: “Creating School Communities of Support for Children with Food Allergies, February 26, 2015 Nurses Day at the Capitol and current varicella exclusion guidelines for schools with the school nurses in the GREC service area.
- Participated in the following Flu clinics: Eliza Miller Primary School, Eliza Miller Elementary School, St. Francis County Courthouse Staff, Mass Flu Clinics in Monroe and St. Francis County.
- For World Aids Day, collaborated with HIV spokesperson and local advocate, HHI, and LHU to provide the annual AIDs awareness event at the local civic center in Forrest City to bring awareness to the public about HIV/AIDs and provide local testing for HIV which was provided by the local county health Unit. Assisted with raising money for the event as well as posting flyers for the event in the community. The many gifts donated by the local businesses in the area were distributed to participants through a question and answer narrative learning experience related to Aids awareness educational information. The local newspaper carried the story in the next day’s edition.

**Lisa England**

- Collaborated with SEARK Regional Library to conduct a Children’s/Family Injury Prevention Health Fair. MVA-Recruited SEATRAC to provide Car Seat Safety Checks (Liz Mercer, CHNS assisted), created display for appropriate car restraint for children of all ages/weight/ height. Provided handouts regarding child passenger safety. General IP-Finger Printing/DNA Kits-coworker and I put kits together and I assisted State Police volunteer with fingerprinting. Greater than 100 CDC “Color Me Safe” coloring books distributed to families. Other IP and Tobacco Prevention issues were covered by 12 community partners (126 participants).

- Collaborated with Injury Prevention staff for the SEARK Arkansas Battle of the Belt Drive Smart Challenge Celebration. Six high schools completed the challenge: Dumas, Hamburg, Monticello, Rison, Woodlawn, and McGehee (four schools were present to receive awards).
- GSO presentation and recruited four HS EAST Labs to partner with SEARK Tobacco Free Youth Coalition to conduct social media campaigns regarding prevention of tobacco use and exposure. To meet with each high school individually Dec. 2014 (26 students impacted).
- Provided information, criteria and advice about 504 plans to one school district.
- CSH AmeriCorps program-worked on improving process and outcome evaluation procedures this month; helped program coordinator to create program logic model.
- Planning for Annual SEARK Children's Week Festival to be held in April 2015.
- Planning for Annual CSH Luau- Dates not set for this year looking at first week in June. Big push on health education and PE this year.

#### **Liz Mercer**

- Provided all school districts with dates for Regional Ebola Informational Meetings.
- Provided Ebola Update to all school nurses.
- Provided information on "Project Prevent Website and My Reason to Write" to all school districts.
- Provided list of nurses able to enter data for BMI entry.
- Provided information to all schools on SBHC informational webinar.
- Attended Via Webinar 2014 School Health Index.
- Participated in SEATRAC car safety check in Monticello, 25 car seats checked with 2 car seats replaced.
- Participated in five Jefferson County School flu clinics.
- Participated in Jefferson County Mass Flu Clinic.
- Participated in Stuttgart Mass Flu Clinic.
- Participated in Dewitt Mass Flu Clinic.
- Participated in Cleveland County Mass Flu Clinic.

#### **Rosemary Withers**

- Coordinated Cooking Matters at the Store tour. Tour guides provided shopping and budgeting skills to participants in purchasing whole grains, low-fat dairy, lean protein, and fruits and vegetables. Participants received a ten dollar gift card to purchase from the four food groups. Intended outcome: educational (11 people participants).
- Watson Chapel Wellness meeting: Reviewed and discussed school district tobacco policy and steps on how to make it comprehensive, which includes the following items: checklist and sample comprehensive tobacco policy, Arkansas Tobacco Quitline Form and coverage information, SecondChance, Aspire, and MyLastDip programs (in lieu of school suspension for tobacco violations). Also discussed the possibility of posting tobacco install news messages in

restrooms. The Committee Chair will talk with the Superintendent regarding these issues. Discussed upcoming School Health Index workshop (January 28, 2015).

- Stuttgart Wellness meeting: Discussed district's tobacco policy and steps on how to make it a comprehensive policy. Provided and discussed same issues as above. The Committee Chair will address these issues at the next staff meeting.
- Arkansas School for the Deaf Wellness meeting: Discussed district's tobacco policy and steps on how to make it a comprehensive policy. Provided and discussed same issues as above. The Committee Chair will address these issues with the Superintendent and Wellness Committee members.
- Pine Bluff High Wellness meeting: Follow-up meeting with the Deputy and Committee Chair to discuss comprehensive tobacco policy. CHPS will have an opportunity to present this idea to the Students Rights and Responsibilities Handbook Committee in April 2015.
- Submitted final evaluation report and application for Growing Healthy Communities Recognition Level to Arkansas Coalition for Obesity Prevention (ArCOP).
- Participated in School Health Index workshop training.
- Jefferson County Mass Flu Clinic: Set up a booth with breath test COHz monitor, healthy lifestyle brochures, etc. (10 people participated, tested two adults).
- Jefferson County Growing Healthy Communities: Discussed grant details for final evaluation report and nominated officers.